Tulsa Food Banks

Organization	Address	Phone	Website	Details	Requirements
Restore Hope Ministries	2960 Charles Page Blvd Tulsa, OK 74127	918-582-5766	Get Help » Restore Hope	Monday - Thursday 12:30 - 3:30 p.m.	Photo ID/documentation of those in household, recent bill
Commonground Church	7810 E 49th St Tulsa, OK 74145	918-270-4372	CG REACH — CommonGround Church	Every Monday 6:00 -8:00 p.m.	Photo ID/proof of residence
Food on the Move	Varies		Events — Food On The Move	Website lists ongoing distributions sites	
Manna House	1307 W 22nd St Tulsa OK 74107	918-949-6292	Food Pantry | Tulsa, OK	Every Tuesday 10:00 a.m. - 2:00 p.m.	Photo ID/proof of residence
The Market at Catholic Charities	2450 N Harvard Ave Tulsa Ok 74115	918-508-7135	Food - Catholic Charities of Eastern Oklahoma	M-F 9am-2pm. Tuesday 5-7pm, Last Saturday of the Month 9am-12pm	ID for each member of household
Catholic Charities Mobile Food Pantry	Varies		Mobile Food Pantry - Catholic Charities of Eastern Oklahoma	See website for distribution sites	